



PureMelt B₁₂ Folate

Introduced 2017

What Is It?

PureMelt B₁₂ Folate contains a combination of activated vitamin B₁₂, as methylcobalamin, and Metafolin® 5-methyltetrahydrofolate (L-5-MTHF), the naturally occurring, universally metabolized form of folate. This formula is offered in a unique, great-tasting fruit-flavored lozenge designed to dissolve in the mouth without requiring water.

Special Features

- Unique lozenge designed to dissolve in the mouth without requiring water
- Provides activated B vitamins
- Free of sugar and artificial sweeteners
- Great-tasting, fruit-flavored lozenge
- Made with hypoallergenic, vegan ingredients

Uses for PureMelt B₁₂ Folate

Cellular Health: Optimal levels of folate and vitamin B₁₂ have been associated with cellular, cardiovascular, neurological and psychological health. Folate is provided in this formula as Metafolin® 5-methyltetrahydrofolate (L-5-MTHF). L-5-MTHF is the predominant, naturally occurring form of folate in food. Through bypassing several enzymatic activation steps, it is directly usable by the body and provides all of the benefits of folic acid regardless of functional or genetic variations. In a double-blind, randomized, placebo-controlled intervention study of 144 women of child-bearing age, 5-MTHF supplementation resulted in a greater accumulation of 5-MTHF in red blood cells than equimolar doses of folic acid. Folate and methylcobalamin provide methyl groups to support healthy methylation, a key regulator of genetic expression and cellular function. Healthy methylation is vital for cellular health, hormone and neurotransmitter production, and energy metabolism.*

What Is The Source?

Metafolin®, 5-methyltetrahydrofolate (L-5-MTHF) is synthetic. Methylcobalamin is derived from corn dextrose fermentation. Hypoallergenic plant fiber is derived from pine cellulose. Ascorbyl palmitate is derived from corn dextrose fermentation and palm oil. Xylitol is derived from wood pulp.

Recommendations

Pure Encapsulations® recommends 1 lozenge, 1-2 times daily, with or between meals, or as directed by a health professional. Allow tablet to dissolve in mouth and swallow.


Are There Any Potential Side Effects Or Precautions?

If pregnant or lactating, consult your physician before taking this product. At this time, there are no known side effects or precautions. Consult your physician for more information.

Are There Any Potential Drug Interactions?

Folate may adversely interact with chemotherapeutic drugs. Consult your physician for more information.

PureMelt B₁₂ Folate

each vegetarian lozenge contains		v
folate (as Metafolin®, L-5-MTHF)	400 mcg
vitamin B ₁₂ (as methylcobalamin)	1,000 mcg
other ingredients: xylitol, mannitol, natural black cherry and vanilla flavors, ascorbyl palmitate, carboxymethylcellulose		
1 lozenge, 1-2 times daily, with or between meals, or as directed by a health professional. Allow tablet to dissolve in mouth and swallow.		

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.